



**NHS Pharmacy First Scotland  
Approved List of products**

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## NHS Pharmacy First Scotland: Approved list of products

### Introduction

The Scottish Government NHS Circular [PCA2020\(P\)13](#), first published in June 2020, details the launch of NHS Pharmacy First Scotland. The circular encloses the legal Directions, service specification and operational support documents which together outline how the service should operate.

This approved list of products has been developed by representatives of all 14 NHS Health Boards with input from Community Pharmacy Scotland and other key stakeholders. It details the limited list of items which may be supplied to eligible patients following a consultation in response to presenting symptoms. **Wherever possible, providing lifestyle advice and support to manage minor conditions should be the preferred course of action**, with treatment supplied and referrals made only where necessary. With the exception of sections 10.1 (Skin: Eczema and allergy) and 6.1 (Cystitis), the items detailed in the Approved List can be supplied across all NHS Boards. In sections 10.1 and 6.1, each NHS Board has indicated the approved items which may be supplied by community pharmacy teams in their area.

The medicines listed should be used within their GSL or P licensed indication, and the POM products listed should only be used under the terms of the relevant Patient Group Directions (PGDs). The approved list serves only to detail the treatments available under the service – the Pharmacist must use their own professional judgement at all times to determine the best course of action for each patient. Only those specific items and pack sizes which appear on this list will be reimbursed if supplied under the NHS Pharmacy First Scotland service. Where a patient wishes to use a particular product which does not appear on the Approved List and the Pharmacist agrees that this is safe and appropriate, the patient may purchase that product.

The Approved List is arranged according to BNF category, with products within each category listed alphabetically. Selection of products should be based on the Pharmacist's assessment of clinical appropriateness for each individual patient. However, where there is a clear first-line choice of treatment this is indicated.

A new section of the [Scottish Drug Tariff](#), Part 17, is under development and will host the approved list of products.

### Notes

The list details the products available on the NHS Pharmacy First Scotland Service.

Please note the following points:

- A range of pack sizes and forms have been included for some lines to ensure continued supply when some are temporarily unavailable.
- When making a choice between available products, in the absence of a clinical reason determining otherwise, the most cost effective one should be selected.
- When making a choice between a sugar free and a sugar containing product, in the absence of a clinical reason determining otherwise, the sugar free one should be selected.
- Once the service is fully operational later in the year, details of how to provide feedback on potential additions and changes to the list will be confirmed. Feedback from pharmacy contractors will be collated through an agreed governance route. Information on this will be published as soon as it is available.

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# 1. Gastrointestinal System

## 1.1 Dyspepsia and Gastro-oesophageal reflux

<b>1<sup>st</sup> Line</b>	Co-magaldrox 195mg/220mg/5ml oral suspension sugar free	<b>Pack Size</b>	500ml
<b>1<sup>st</sup> Line</b>	Peptac Liquid Aniseed	<b>Pack Size</b>	500ml
<b>1<sup>st</sup> Line</b>	Peptac Liquid Peppermint	<b>Pack Size</b>	500ml
<b>2<sup>nd</sup> Line</b>	Ranitidine 75mg tablets	<b>Pack Sizes</b>	6, 12

## 1.2 Gripes/Colic/Wind Pain

	Simeticone 40mg/ml oral suspension	<b>Pack Size</b>	55ml
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## 1.3 Irritable Bowel Syndrome

	Mebeverine 135mg Tablets	<b>Pack Size</b>	15
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## 1.4 Acute Diarrhoea

<b>1<sup>st</sup> Line</b>	Dioralyte oral powder sachets	<b>Pack Size</b>	6
<b>1<sup>st</sup> Line</b>	Rehydration Treatment granules 4.87g	<b>Pack Size</b>	6
<b>2<sup>nd</sup> Line</b>	Loperamide 2mg capsules	<b>Pack Sizes</b>	6, 12

## 1.5 Constipation

	Ispaghula husk 3.5g effervescent granules sachets gf sf	<b>Pack Sizes</b>	10, 30
	Ispaghula husk 3.5g oral powder sachets	<b>Pack Sizes</b>	10, 30
	Macrogol compound oral powder sachets NPF sugar free	<b>Pack Sizes</b>	20, 30
	Bisacodyl 5mg gastro-resistant tablets	<b>Pack Sizes</b>	10, 20
	Docusate 100mg caps	<b>Pack Size</b>	30
	Glycerol 1g suppositories	<b>Pack Size</b>	12
	Glycerol 2g suppositories	<b>Pack Size</b>	12
	Glycerol 4g suppositories	<b>Pack Size</b>	12
	Senna 7.5mg tablets	<b>Pack Size</b>	20
	Senna 7.5mg/5ml oral solution	<b>Pack Size</b>	100ml, 150ml
	Senna 7.5mg/5ml oral solution sugar free	<b>Pack Size</b>	100ml, 150ml
	Lactulose 3.1-3.7g/5ml oral solution	<b>Pack Sizes</b>	300ml, 500ml

## 1.6 Haemorrhoids

	Anusol Cream	<b>Pack Size</b>	23g
	Anusol Ointment	<b>Pack Size</b>	25g
	Anusol Plus HC Ointment	<b>Pack Size</b>	15g
	Anusol Plus HC suppositories	<b>Pack Size</b>	12
	Anusol soothing relief Ointment	<b>Pack Size</b>	15g
	Anusol suppositories	<b>Pack Size</b>	12

## 2. Respiratory

### 2.1 Allergy (for topical preparations see sections 2.4 (nasal allergy) and 7.2 (eye))

	Cetirizine 10mg tablets	Pack Size	30
	Cetirizine 1mg/ml oral solution	Pack Size	200ml
	Cetirizine 1mg/ml oral solution sugar free	Pack Size	200ml
	Chlorphenamine 4mg tablets	Pack Size	28, 30
	Chlorphenamine oral solution 2mg/5mL	Pack Size	150ml
	Chlorphenamine oral solution 2mg/5mL sugar free	Pack Size	150ml
	Loratadine 10mg tablets	Pack Size	30
	Loratadine 5mg/5mL oral solution	Pack Size	100ml

### 2.2 Cough

	Simple linctus Paediatric sugar free	Pack Size	200ml
	Simple Linctus sugar free	Pack Size	200ml

### 2.3 Nasal Congestion

	Pseudoephedrine 30mg/5mL Oral Solution	Pack Size	100ml
	Pseudoephedrine hydrochloride 60mg tablets	Pack Size	12
	Sodium chloride 0.9% nasal drops	Pack Size	10ml

### 2.4 Nasal Allergy

	Beclometasone nasal spray 50micrograms/dose	Pack Sizes	100 doses, 180 doses
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## 3. Central Nervous System

### 3.1 Travel sickness

	Cinnarizine 15mg tablets	Pack Size	15
	Hyoscine hydrobromide 150micrograms tablets	Pack Size	up to 12
	Hyoscine hydrobromide 300micrograms tablets	Pack Size	up to 12

### 3.2 Analgesics and Antipyretics

	Paracetamol 120mg/5ml oral suspension paediatric sugar free	Pack Sizes	100ml, 200ml
	Paracetamol 250mg/5mL oral suspension sugar free	Pack Size	100ml, 200ml
	Paracetamol 500mg tablets	Pack Size	32

### 3.3 Migraine and associated Symptoms

	Aspirin dispersible 300mg tablets	Pack Size	32
	Aspirin tablets 300mg	Pack Size	32
	Prochlorperazine 3mg buccal tablets	Pack Size	8
	Sumatriptan 50mg tablets	Pack Size	2

## 4. Musculoskeletal & Joint

### 4.1 Musculoskeletal & Joint

	Ibuprofen 100mg/5mL oral suspension sugar free	Pack Sizes	100ml, 200ml
	Ibuprofen 200mg tablets	Pack Size	24
	Ibuprofen 400mg tablets	Pack Size	24
	Ibuprofen 5% gel	Pack Sizes	30g, 50g
	Paracetamol 120mg/5ml oral suspension paediatric sugar free	Pack Sizes	100ml, 200ml
	Paracetamol 250mg/5mL oral suspension sugar free	Pack Sizes	100ml, 200ml
	Paracetamol 500mg tablets	Pack Size	32

## 5. Infections

### 5.1 Vaginal Candidiasis

	Clotrimazole 1% cream	Pack Size	20g
	Clotrimazole 500mg pessaries	Pack Size	1
	Fluconazole 150mg capsule	Pack Size	1

### 5.2 Fungal Skin Infections (not nail)

	Clotrimazole 1% and hydrocortisone 1% cream	Pack Size	15g
	Miconazole 2% and hydrocortisone 1% cream	Pack Size	15g
	Miconazole 2% cream	Pack Size	15g
	Terbinafine 1% cream	Pack Size	7.5g

### 5.3 Preparations for warts and verrucae

	Occlusal 26% Solution	Pack Size	10ml
	Salactol Paint	Pack Size	10ml

### 5.4 Cold sores

	Aciclovir cream 5%	Pack Size	2g
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### 5.5 Threadworm

	Mebendazole 100mg chewable tablets sugar free	Pack Size	1
	Mebendazole 100mg/5ml oral suspension	Pack Size	30ml

### 5.6 Headlice

	Dimeticone 4% lotion	Pack Sizes	50ml, 150ml
	Dimeticone 4% cutaneous spray	Pack Size	120ml
	Nitcomb - M2	Pack Size	1
	Nitcomb - S1	Pack Size	1
	Nitty Gritty Nit Free	Pack Size	1

### 5.7 Scabies

	Malathion 0.5% aqueous liquid	Pack Size	50ml, 200ml
	Permethrin 5% cream	Pack Size	30g

### 5.9 Impetigo

	Fusidic acid 2% cream (PGD)	Pack Size	15g
	Hydrogen peroxide 1% (Crystacide)	Pack Size	40g

## 6. Urinary Tract Disorders

### 6.1 Cystitis

#### Local Formulary choices – UTI PGDs

Please refer to your NHS Board for further details on e.g. how to access test results required for Nitrofurantoin PGDs.

NHS Board	1st Line	2nd Line
Ayrshire and Arran	Trimethoprim	N/A
Borders	Trimethoprim	Nitrofurantoin
Dumfries and Galloway	Trimethoprim	N/A
Fife	Trimethoprim	Nitrofurantoin
Forth Valley	Trimethoprim	Nitrofurantoin
Greater Glasgow and Clyde	Trimethoprim	Nitrofurantoin
Grampian	Trimethoprim	N/A
Highland	Trimethoprim	Nitrofurantoin
Lanarkshire	Trimethoprim	N/A
Lothian	Trimethoprim	Nitrofurantoin
Orkney	Trimethoprim	Nitrofurantoin
Shetland	Trimethoprim	N/A
Tayside (access to test results in pharmacy)	Nitrofurantoin	Trimethoprim
Tayside (no access to test results except via GP or OOH)	Trimethoprim	Nitrofurantoin
Western Isles	Trimethoprim	N/A

Nitrofurantoin 50mg tablets	<b>Pack Size</b>	28
Nitrofurantoin 100mg modified-release capsules	<b>Pack Size</b>	14
Trimethoprim 100 mg tablets	<b>Pack Size</b>	28
Trimethoprim 200 mg tablets	<b>Pack Size</b>	6
Trimethoprim 200 mg tablets	<b>Pack Size</b>	14
Sodium citrate 4g oral granules sachets	<b>Pack Size</b>	6
Sodium citrate 4g oral powder sachets	<b>Pack Size</b>	6
Potassium citrate 3g granules sachets sugar free	<b>Pack Size</b>	6

## 7. Eye

### 7.1 Infected Eye

Chloramphenicol 0.5% eye drops	<b>Pack Size</b>	10ml
Chloramphenicol 1% eye ointment	<b>Pack Size</b>	4g

### 7.2 Inflammation of Eye

Carbomer 980 0.2% eye gel	<b>Pack Size</b>	10g
Hilo Night eye ointment preservative free	<b>Pack Size</b>	5g
Hypromellose 0.3% eye drops	<b>Pack Size</b>	10ml
Xailin Night eye ointment preservative free	<b>Pack Size</b>	5g
Sodium cromoglicate 2% eye drops	<b>Pack Sizes</b>	5ml, 10ml

## 8. Ear

### 8.1 Removal of Ear Wax

<b>1<sup>st</sup> Line:</b>	Olive oil ear drops	<b>Pack Size</b>	10ml, 15ml
<b>2<sup>nd</sup> Line:</b>	Sodium Bicarbonate 5% Ear Drops	<b>Pack Size</b>	10ml

## 9. Mouth

### 9.1 Oral Ulceration and Inflammation

	Benzydamine 0.15% oromucosal spray sugar free	<b>Pack Size</b>	30ml
	Benzydaminie 0.15% mouthwash sugar free	<b>Pack Size</b>	300ml
	Chlorhexidine gluconate 0.2% mouthwash	<b>Pack Size</b>	300ml
	Chlorhexidine gluconate 0.2% mouthwash – alcohol free	<b>Pack Size</b>	300ml
	Anbesol liquid	<b>Pack Sizes</b>	10ml, 15ml
	Hydrocortisone mucoadhesive buccal tablets 2.5mg	<b>Pack Size</b>	20
	Orabase Paste	<b>Pack Size</b>	30g

### 9.2 Oral Thrush

	Miconazole 2% w/w oral gel	<b>Pack Size</b>	15g
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## 10. Skin

### 10.1 Eczema and Allergy

#### NHS Ayrshire & Arran

#### Emollients:

	Doublebase gel	<b>Pack Sizes</b>	100g, 500g
	Hydromol Ointment	<b>Pack Sizes</b>	125g, 500g, 1kg
	Liquid paraffin 50% / White soft paraffin 50%	<b>Pack Size</b>	500g
	QV Cream	<b>Pack Sizes</b>	100g, 500g
	Zerobase Cream	<b>Pack Sizes</b>	50g, 500g
	Zeroveen Cream	<b>Pack Sizes</b>	100g, 500g

#### Emollient bath and shower additives:

	Hydromol bath and shower emollient	<b>Pack Sizes</b>	350ml, 500ml
	QV bath oil	<b>Pack Sizes</b>	250ml
	QV Gentle wash	<b>Pack Sizes</b>	250ml, 500ml

#### Bath/shower preparations with antimicrobials:

	Dermol 500 lotion	<b>Pack Size</b>	500ml
	Dermol 600 Bath Emollient	<b>Pack Size</b>	600ml
	Oilatum plus bath additive	<b>Pack Size</b>	500ml



<b>NHS Borders</b>			
<b><u>Emollients:</u></b>			
	Aquamax cream	<b>Pack Size</b>	500g
	Cetraben cream	<b>Pack Sizes</b>	50g, 150g, 500g, 1050g
	Doublebase Dayleve gel	<b>Pack Sizes</b>	100g, 500g
	Emollin spray	<b>Pack Size</b>	240ml
	Hydromol intensive	<b>Pack Sizes</b>	30g, 100g
	Hydromol ointment	<b>Pack Sizes</b>	125g, 500g, 1kg
	Liquid paraffin 50% / White soft paraffin 50%	<b>Pack Size</b>	500g
	QV Cream	<b>Pack Sizes</b>	100g, 500g
	QV Lotion	<b>Pack Size</b>	500ml
<b><u>Emollient bath and shower additives:</u></b>			
	Doublebase emollient shower gel	<b>Pack Size</b>	200g
	Hydromol bath and shower emollient	<b>Pack Size</b>	500ml
	QV Gentle Wash	<b>Pack Sizes</b>	250ml, 500ml
<b><u>Bath/shower preparations with antimicrobials:</u></b>			
	Balneum Plus	<b>Pack Size</b>	500ml
	Dermol 200 shower emollient	<b>Pack Size</b>	200ml
	Dermol 500 lotion	<b>Pack Size</b>	500ml
	Dermol 600 Bath Emollient	<b>Pack Size</b>	600ml

<b>NHS Dumfries &amp; Galloway</b>			
<b><u>Emollients:</u></b>			
<b>1<sup>st</sup> Line</b>	Epimax Original Cream	<b>Pack Size</b>	500g
<b>1<sup>st</sup> Line</b>	ExoCream	<b>Pack Size</b>	500g
<b>1<sup>st</sup> Line</b>	Epimax Isomol Gel	<b>Pack Size</b>	500g
<b>2<sup>nd</sup> Line</b>	QV Cream	<b>Pack Sizes</b>	100g, 500g
<b>2<sup>nd</sup> Line</b>	WSP 50% / Liquid Paraffin 50% Ointment	<b>Pack Size</b>	250g
<b>2<sup>nd</sup> Line</b>	Hydromol ointment	<b>Pack Sizes</b>	125g, 500g, 1kg
<b><u>Emollient bath and shower additives:</u></b>			
<b>1<sup>st</sup> Line</b>	Emulsifying ointment	<b>Pack Sizes</b>	500g
<b>2<sup>nd</sup> Line</b>	Hydromol bath and shower	<b>Pack Size</b>	500ml
<b>2<sup>nd</sup> Line</b>	QV Gentle wash	<b>Pack Sizes</b>	250ml, 500ml
<b><u>Bath/shower preparations with antimicrobials:</u></b>			
	Dermol 200 shower emollient	<b>Pack Size</b>	200ml
	Dermol 600 bath emollient	<b>Pack Size</b>	600ml

<b>NHS Fife</b>			
<b><u>Emollients:</u></b>			
<b>1<sup>st</sup> Line</b>	Oilatum cream	<b>Pack Sizes</b>	150g, 500ml
<b>1<sup>st</sup> Line</b>	QV Cream	<b>Pack Sizes</b>	100g, 500g
<b>1<sup>st</sup> Line</b>	QV Lotion	<b>Pack Size</b>	500ml
<b>1<sup>st</sup> Line</b>	Hydromol ointment	<b>Pack Sizes</b>	125g, 500g, 1kg
<b>1<sup>st</sup> Line</b>	Hydrous ointment	<b>Pack Size</b>	500g
<b>2<sup>nd</sup> Line</b>	Aveeno cream (ACBS)	<b>Pack Sizes</b>	100ml, 300ml
<b>2<sup>nd</sup> Line</b>	Cetraben cream	<b>Pack Sizes</b>	50g, 150g, 500g, 1050g
<b>2<sup>nd</sup> Line</b>	Doublebase gel	<b>Pack Sizes</b>	100g, 500g
<b>2<sup>nd</sup> Line</b>	WSP 50% / Liquid Paraffin 50% Ointment	<b>Pack Size</b>	250g
<b>2<sup>nd</sup> Line</b>	QV Intensive ointment	<b>Pack Size</b>	450g
<b><u>Emollient bath and shower additives:</u></b>			
<b>1<sup>st</sup> Line</b>	Hydromol bath and shower emollient	<b>Pack Size</b>	500ml
<b>1<sup>st</sup> Line</b>	QV Gentle Wash	<b>Pack Sizes</b>	250ml, 500ml
<b>2<sup>nd</sup> Line</b>	QV bath oil	<b>Pack Sizes</b>	250ml
<b><u>Bath/shower preparations with antimicrobials:</u></b>			
	Dermol 200 Shower Emollient	<b>Pack Size</b>	200ml
	Dermol 500 Lotion	<b>Pack Size</b>	500ml
	Dermol 600 bath Emollient	<b>Pack Size</b>	600ml

<b>NHS Forth Valley</b>			
<b><u>Emollients:</u></b>			
	Liquid paraffin 50%/ White soft paraffin 50%	<b>Pack Sizes</b>	250g, 500g
<b>1<sup>st</sup> Line</b>	Zeroderm Ointment	<b>Pack Size</b>	125g, 500g
<b>2<sup>nd</sup> Line</b>	Hydromol Ointment	<b>Pack Sizes</b>	125g, 500g
<b>1<sup>st</sup> Line</b>	Epimax Isomol Gel (contains phenoxyethanol)	<b>Pack Sizes</b>	100g, 500g
<b>2<sup>nd</sup> Line</b>	Doublebase Gel (if allergic to phenoxyethanol)	<b>Pack Sizes</b>	100g, 500g
<b>1<sup>st</sup> Line</b>	Epimax Cream (contains phenoxyethanol)	<b>Pack Sizes</b>	100g, 500g
<b>1<sup>st</sup> Line</b>	Zerobase Cream ( if allergic to phenoxyethanol)	<b>Pack Sizes</b>	50g , 500g
<b>2<sup>nd</sup> Line</b>	Cetraben Cream	<b>Pack Sizes</b>	50g, 150g, 500g
<b>2<sup>nd</sup> Line</b>	QV Cream	<b>Pack Sizes</b>	100g, 500g
	QV Lotion	<b>Pack Sizes</b>	250ml, 500ml
	Dermol Cream	<b>Pack Sizes</b>	100g, 500g
<b>1<sup>st</sup> Line</b>	Dermol 500 Lotion (as Soap Substitute)	<b>Pack Size</b>	500ml
<b>2<sup>nd</sup> Line</b>	QV Gentle Wash (as Soap Substitute)	<b>Pack Sizes</b>	250ml, 500ml

<b>NHS Greater Glasgow and Clyde</b>			
<b><u>Emollients:</u></b>			
	Liquid paraffin 50% / White soft paraffin 50%	<b>Pack Size</b>	500g
	Hydromol ointment	<b>Pack Size</b>	125g
	Zerobase cream	<b>Pack Size</b>	50g

<b><u>Emollient bath and shower additives:</u></b>			
	Hydromol bath and shower emollient	<b>Pack Size</b>	350ml

<b>NHS Grampian</b>			
<b><u>Emollients:</u></b>			
<b>1<sup>st</sup> Line</b>	Epimax Original cream	<b>Pack Sizes</b>	100g, 500g
<b>1<sup>st</sup> Line</b>	Epimax Oatmeal cream	<b>Pack Sizes</b>	100g 500g
<b>1<sup>st</sup> Line</b>	Epimax ointment	<b>Pack Sizes</b>	125g, 500g
	AproDerm Emollient cream	<b>Pack Sizes</b>	50g,500g
	AproDerm Colloidal oatmeal cream	<b>Pack Sizes</b>	100g, 500g
	AproDerm ointment	<b>Pack Sizes</b>	50g, 500g
	Cetraben cream	<b>Pack Sizes</b>	50g, 150g, 500g, 1050g
	Cetraben Lotion	<b>Pack Sizes</b>	200ml, 500ml
	Cetraben Ointment	<b>Pack Size</b>	450g
	Epimax Isomol gel	<b>Pack Sizes</b>	100g, 500g
	Epimax Paraffin –free ointment	<b>Pack Size</b>	500g
	Hydromol ointment	<b>Pack Sizes</b>	125g, 500g
	Imuderm emollient (urea 5%)	<b>Pack Size</b>	500g
	QV cream	<b>Pack Sizes</b>	100g, 500g
	QV Lotion	<b>Pack Sizes</b>	250mL, 500mL
	Zerobase cream	<b>Pack Sizes</b>	50g, 500g
	Zeroderm ointment	<b>Pack Sizes</b>	125g, 500g
	Zeroveen cream	<b>Pack Sizes</b>	100g, 500g
<b><u>Emollient bath and shower additives:</u></b>			
	QV Gentle Wash	<b>Pack Sizes</b>	250ml, 500ml
	Hydromol bath and shower emollient	<b>Pack Size</b>	500ml

<b>NHS Highland</b>			
<b><u>Emollients:</u></b>			
	Diprobace cream	<b>Pack Sizes</b>	50g, 500g
	Zerobase cream	<b>Pack Sizes</b>	50g, 500g
	Diprobace ointment	<b>Pack Sizes</b>	50g, 500g
	Epaderm ointment	<b>Pack Sizes</b>	125g, 500g
	Hydromol ointment	<b>Pack Sizes</b>	125g, 500g
	White soft paraffin 50% / Liquid Paraffin 50% Ointment	<b>Pack Size</b>	250g
	Yellow soft paraffin	<b>Pack Size</b>	500g
	Zeroderm ointment	<b>Pack Sizes</b>	125g, 500g
	Zerodouble emollient gel	<b>Pack Sizes</b>	100g, 500g
<b><u>Emollient bath and shower additives:</u></b>			
	Balneum bath oil	<b>Pack Sizes</b>	500ml
	Emulsiderm liquid emulsion	<b>Pack Size</b>	300ml
	Oilatum emollient bath additive	<b>Pack Sizes</b>	250ml, 500ml
	Oilatum Junior bath additive	<b>Pack Size</b>	150ml, 300ml, 600ml

<b><i>Bath/shower preparations with antimicrobials</i></b>			
	Dermol 200 shower emollient	<b>Pack Size</b>	200ml

<b>NHS Lanarkshire</b>			
<b><i>Emollients:</i></b>			
	Exocream	<b>Pack Size</b>	500g
	Isomol gel	<b>Pack Size</b>	500g
	White soft paraffin 50% / Liquid Paraffin 50% Ointment	<b>Pack Size</b>	250g
	Emulsifying Ointment	<b>Pack Sizes</b>	500g

<b>NHS Lothian</b>			
<b><i>Emollients:</i></b>			
<b>1<sup>st</sup> Line</b>	Zerobase cream	<b>Pack Sizes</b>	50g, 500g
<b>1<sup>st</sup> Line</b>	WSP 50% / Liquid Paraffin 50% Ointment	<b>Pack Size</b>	250g
<b>1<sup>st</sup> Line</b>	ZeroAQS emollient cream	<b>Pack Size</b>	500g
<b>2<sup>nd</sup> Line</b>	Oilatum cream	<b>Pack Sizes</b>	150g, 500ml
<b>2<sup>nd</sup> Line</b>	Zerodouble emollient gel	<b>Pack Sizes</b>	100g, 500g
<b>2<sup>nd</sup> Line</b>	Zeroveen cream	<b>Pack Sizes</b>	100g, 500g
<b>2<sup>nd</sup> Line</b>	Emulsifying Ointment	<b>Pack Size</b>	100g
<b>2<sup>nd</sup> Line</b>	Hydromol ointment	<b>Pack Sizes</b>	125g, 500g
<b><i>Emollient bath and shower additives:</i></b>			
	Oilatum emollient bath additive	<b>Pack Size</b>	250ml
	Oilatum shower fragrance free	<b>Pack Size</b>	150g
<b><i>Bath/shower preparations with antimicrobials</i></b>			
	Oilatum Plus bath additive	<b>Pack Size</b>	500ml

<b>NHS Orkney</b>			
<b>See NHS Grampian choices</b>			

<b>NHS Shetland</b>			
<b><i>Emollients:</i></b>			
	Zerobase cream	<b>Pack Sizes</b>	50g, 500g
	Zeroderm ointment	<b>Pack Sizes</b>	125g, 500g
	Zerodouble gel	<b>Pack Sizes</b>	100g, 500g

<b>NHS Tayside</b>			
<b><i>Emollients:</i></b>			
<b><i>Ointments</i></b>			
<b>1<sup>st</sup> Line</b>	Epimax ointment	<b>Pack Size</b>	500g
<b>2<sup>nd</sup> Line</b>	Aproderm ointment	<b>Pack Size</b>	500g
<b>2<sup>nd</sup> Line</b>	WSP 50% / Liquid Paraffin 50% Ointment	<b>Pack Size</b>	250g
<b><i>Gel:</i></b>			
<b>1<sup>st</sup> Line</b>	Epimax Isomol gel	<b>Pack Size</b>	500g
<b><i>Creams:</i></b>			
<b>1<sup>st</sup> Line</b>	Epimax original cream	<b>Pack Size</b>	500g
<b>2<sup>nd</sup> Line</b>	Zerobase cream	<b>Pack Size</b>	500g

<b>3<sup>rd</sup> Line</b>	Epimax Oatmeal cream	<b>Pack Size</b>	500g
<b>3<sup>rd</sup> Line</b>	QV cream	<b>Pack Sizes</b>	100g, 500g
<b>3<sup>rd</sup> Line</b>	QV Lotion (Hairy areas of skin)	<b>Pack Size</b>	500ml
<b><u>Emollient bath and shower additives:</u></b>			
<b>1<sup>st</sup> Line</b>	QV Gentle Wash	<b>Pack Sizes</b>	250ml, 500ml
	Hydromol bath and shower emollient	<b>Pack Size</b>	500ml

<b>NHS Western Isles</b>			
<b>See NHS Highland choices</b>			

<b>10.2 Nappy Rash</b>			
	Conotrane cream	<b>Pack Sizes</b>	100g, 500g
	Metanium ointment	<b>Pack Sizes</b>	30g
	Sudocrem antiseptic healing cream	<b>Pack Sizes</b>	125g, 250g, 400g

<b>10.3 Allergy/Itch</b>			
	Calamine Aqueous cream	<b>Pack Size</b>	100g
	Clobetasone 0.05% cream	<b>Pack Size</b>	15g
	Crotamiton 10% cream	<b>Pack Sizes</b>	30g, 100g
	Hydrocortisone 1% cream	<b>Pack Size</b>	15g
	Menthol 1% in Aqueous cream	<b>Pack Size</b>	100g
	Cetirizine 10mg tablets	<b>Pack Size</b>	30
	Cetirizine 1mg/mL oral solution	<b>Pack Size</b>	200ml
	Chlorphenamine 4mg tablets	<b>Pack Size</b>	30
	Chlorphenamine oral solution 2mg/5mL	<b>Pack Size</b>	150ml
	Loratadine 10mg tablets	<b>Pack Size</b>	30
	Loratadine 5mg/5ml oral solution	<b>Pack Size</b>	100ml

<b>10.4 Acne</b>			
	Acnecide 5% gel	<b>Pack Size</b>	30g

<b>10.5 Scalp Disorders</b>			
	Capasal therapeutic shampoo	<b>Pack Size</b>	250ml
	Coal tar extract 2% shampoo	<b>Pack Sizes</b>	125ml, 250ml
	Ketoconazole shampoo 2%	<b>Pack Sizes</b>	60ml, 100ml
	Olive Oil	<b>Pack Size</b>	92ml
	Sebco scalp ointment	<b>Pack Sizes</b>	40g, 100g
	Selenium Sulfide 2.5% shampoo	<b>Pack Sizes</b>	50ml, 100ml, 150ml

<b>10.6 Boils</b>			
	Magnesium Sulfate paste BP	<b>Pack Sizes</b>	25g, 50g

## 11. Dressings and Appliances

### 11.1 Dressings

	Clinipore tape 2.5cm x5m	Pack Size	1
	Melolin 10cm x 10cm	Pack Size	1
	Melolin 5cm x 5cm	Pack Size	1
	Mepore Dressing 10cm x 11cm	Pack Size	1
	Mepore Dressing 7cm x 8cm	Pack Size	1
	Micropore Tape 2.5cm x 5m	Pack Size	1
	PremierPore VP Dressing 10cm x 10cm	Pack Size	1
	PremierPore VP Dressing 5cm x 7cm	Pack Size	1